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Technical Regulations

Part I - General Rules

Edition 2027

EBU
OPERATING EUROVISION AND EURORADIO

SMARTSCORING

ABBREVIATIONS

WGYM	World Gymnastics
EC	Executive Committee of European Gymnastics
NF	National Federation
ECh	European Championship
MAG	Men's Artistic Gymnastics
WAG	Women's Artistic Gymnastics
RG	Rhythmic Gymnastics
TRA	Trampoline Gymnastics
ACRO	Acrobatic Gymnastics
AER	Aerobic Gymnastics
TC	Technical Committee
TG	TeamGym
GfA	Gymnastics for All
LOC	Local Organising Committee
IOC	International Olympic Committee
YOG	Youth Olympic Games

Words referring to the singular number shall include the plural number and vice versa
Words referring to the masculine gender shall also include the female gender and vice versa
Words referring to persons shall include corporate bodies.

This edition of the Technical Regulations is in force from 1.1.2027 to 31.12.2027. The European Gymnastics Executive Committee, however, reserves the right to decide upon and publish updates thereof during that period in case important World Gymnastics decisions will be taken which have an impact on the competition format planning of European Gymnastics.

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I. GENERAL REGULATIONS

These Technical Regulations include regulations for the following disciplines:

- Men's Artistic Gymnastics
- Women's Artistic Gymnastics
- Rhythmic Gymnastics
- Trampoline Gymnastics
- Acrobatic Gymnastics
- Aerobic Gymnastics
- TeamGym

For Gymnastics for All, separate regulations have been prepared for EUROGYM, European Gym for Life Challenge and the Golden Age Gym Festival.

These Regulations conform to the European Gymnastics and/or World Gymnastics Statutes. They are divided in sections and articles according to the different areas of technical organisation and control.

Art. 1 Right of the federations to participate

The European Championships are open to gymnasts of national member federations affiliated to European Gymnastics, provided that all their financial obligations towards European Gymnastics are fulfilled.

Gymnasts can participate in official European Gymnastics events if they:

- belong to a European Gymnastics Member Federation,
- have the nationality (citizenship) of the NF they represent,
- fulfil the requirements of the World Gymnastics Statutes
- have the correct age,
- have a valid insurance,
- have a valid World Gymnastics Licence (except for TeamGym),
- respect the dispositions of the EC decisions and of the Regulations.

Judges taking part in European Gymnastics competitions must have the nationality (citizenship) of the federation they represent.

For the World Gymnastics disciplines this must be in accordance with the World Gymnastics Statutes or additional decisions by the World Gymnastics Executive Committee. Gymnasts and judges are allowed to participate in European Gymnastics events for the country which is indicated on their World Gymnastics licence (gymnasts) resp. judges' brevet.
With regard to TeamGym, requests for nationality changes are decided by the European Gymnastics Executive Committee. TeamGym nationality changes follow the procedure indicated in the World Gymnastics Statutes.

Art. 2 Allocation and dates of competition

Upon receipt of applications, the EC/European Gymnastics will select the most suitable candidate after a thorough study of the applications.
The contract between European Gymnastics and the hosting federation must be signed as soon as possible following the allocation of the event.

The dates of the event are set by the Executive Committee.
As far as possible, a period of at least 2 weeks should be respected between 2 events.

Art. 2.1 Artistic Gymnastics

2.1.1 European Artistic Gymnastics Championships, Men and Women, Seniors and Juniors
These European Championships are organised as a rule in the even years, on different dates and maybe in the same / different places.

2.1.2 European Artistic Gymnastics Championships, Men and Women, Seniors
These European Championships are organised as a rule in the odd years, on the same dates and the same place.

Art. 2.2 Rhythmic Gymnastics
These European Championships are organised as a rule every year; the competition programme includes competitions for seniors and juniors.

Art. 2.3 Trampoline Gymnastics
These European Championships are organised as a rule in the even years. The programme includes competitions for seniors, U 21 (category Trampoline only) and juniors.

Art. 2.4 Acrobatic Gymnastics
These European Championships are organised as a rule in the odd years. The programme includes competitions for seniors and juniors, youth and pre-youth.

Art. 2.5 Aerobic Gymnastics
These European Championships are organised as a rule in the odd years. The programme includes competitions for seniors, juniors and youth.

Art. 2.6 TeamGym
These European Championships are organised as a rule in the even years. The programme includes competitions for seniors and juniors.

Art. 3 Entry Procedure

Art. 3.1 For registration of entry the online registration system is to be used but if not possible, the official forms.

Art. 3.2 The dates of arrival at the European Gymnastics Head Office are decisive. The deadlines are as follows:

3.2.1 Definitive registration of the gymnasts
3 months before the start of the European Championship.

(Except TeamGym, where the number of gymnasts in a team can change up to four weeks before the Championships).

3.2.2 Nominative registrations of the gymnasts and officials
4 weeks before the date of the European Championship.
The participation fee has to be paid to European Gymnastics at the same time.

The list must include:

- name and first name of the participants
- date of birth (year) of the gymnasts
- the number of the World Gymnastics Licence of the gymnasts (except for TeamGym)
- the category and the World Gymnastics ID Code of the judges (except for TeamGym)

The medical staff must have been approved by the World Gymnastics (for all disciplines, including TeamGym).

The federations have to send the **nominative registration of the judges already with the definitive registration** 3 months before the start of the European Championships.

3.2.3 Participation fees

The amounts of the participation fees to be paid to European Gymnastics have been determined as follows:

150.- EUR per gymnast and per discipline.

If a group has up to 6 gymnasts (as RG, AER), the inscription fee of 150.- EUR per gymnast is maintained.

If a group has more than 6 gymnasts (as TG, AER), the inscription fee is limited to 900.- EUR.

No participation fee has to be paid for reserve gymnasts.

In case of non-participation or partial participation, the participation fee will not be reimbursed.

3.2.4 Passport –national Identity Card for European Championships TeamGym

All gymnasts, juniors and seniors, participating in the European Championships in TeamGym have to present a passport or a national identity card (which clearly shows the nationality of the holder) at the accreditation.

3.2.5 **Sanctions** and **late entries**

Sanctions will be applied if the different deadlines for the registrations are not respected or if a federation does not participate in a European Gymnastics event without previous information as well as for the non- or insufficient registration of judges.

3.2.5 a) Late registration fees for gymnasts, payable to European Gymnastics

Late registration fees are applicable once per federation / per event.
(If European Championships of Seniors, Juniors, Youth, Pre-Youth, U15 are organised together, they are considered as one event for the late registration fee.)

No late registrations of gymnasts will be accepted after the Drawing of Lots (i.e. the gymnasts will not be allowed to compete), however, a NF who has registered a Team is authorized to add gymnasts to the number declared at the Definitive Registration, up to the maximum quota allowed and upon payment of the late registration fee.

Fees

Definitive entry received after the deadline	EUR 1'500.-
Nominative entry received after the deadline	EUR 1'000.-

Non-participation of a team, but participation of individuals (information given at the competition venue)	EUR 1'000.-
Non-participation of individuals, no participation at all (noticed at the venue)	EUR 1'000.-

3.2.5 b) Fine for missing judges

If a federation does not enter a judge or comes with an insufficient number of judges, European Gymnastics will request payment of EUR 2'500.- per missing judge. European Gymnastics reserves the right, where necessary, to require the federation concerned to cover the cost of an invited replacement judge, up to a maximum cost of EUR 2'500.- per missing judge, or to waive this fee.

A federation shall be exempt from paying the fine during the current Olympic cycle for its first participation in the relevant discipline or category at the European Championships.

3.2.5 c) Late submission of bookings to the LOC

After the deadline for bookings of accommodation and/or meals, the LOC cannot guarantee the prices published in the directives and reserves the right for an increase.

Art. 3.3 Insufficient participation

If less than 4 entries are being submitted from 3 or less Federations for a category/discipline at the deadline for definitive registrations the competition in this category/discipline will be cancelled.

If due to withdrawals after the definitive registration deadline there are less than 4 entries for a category/discipline, the category/discipline takes place, but no medals and no European Champion title will be awarded. Certificates of participation will be presented and the title "Winner of the Category…"

If due to withdrawals after the definitive registration deadline there are less than 4 entries for a team competition, in which the teams consist of individual gymnasts who can still take part in individual competitions at that event, the team competition will be cancelled.

Art. 3.4 Alterations of the nominative lists of the gymnasts

Alterations of the above-mentioned nominative lists of the gymnasts are possible only in exceptional cases and must be authorised by the President of the TC concerned.
Alterations will not be accepted later than 24 hours prior to the start of the competition unless the work plan states otherwise.

In case of illness/injury before arrival or at the place of the event, the dispositions of the World Gymnastics Technical Regulations will be applied. (Except TeamGym: see part II for illness/injury at the event after accreditation).

Art. 3.5 Work plan

European Gymnastics should issue the work plan to Federations and other persons concerned six weeks prior to the start of the competition.

Art. 3.6 Accreditations

The European Gymnastics accreditation directives (available on Intranet) have to be respected.

Art. 4 Age, nationality and licence of the gymnasts, nationality of the judges

For official European Gymnastics competitions, the participants must have the following age in the year of the event:

Seniors

Men's Artistic Gymnastics:	min. 18 years NF must declare through their gymnast's World Gymnastics profile whether their 18-year-old gymnasts will compete as junior or senior prior to their first competition for the year concerned.
Women's Artistic Gymnastics:	min. 16 years
Rhythmic Gymnastics:	min. 16 years
Trampoline Gymnastics:	min. 17 years
Trampoline Gymnastics U21 (cat. TRA only)	min. 17 – max. 21 years
Acrobatic Gymnastics:	min. 15 years
Aerobic Gymnastics:	min. 18 years
TeamGym:	min. 17 years

Juniors

Men's Artistic Gymnastics:	min. 15 – max. 18 years NF must declare through their gymnast's World Gymnastics profile whether their 18 -year-old gymnasts will compete as junior or senior prior to their first competition for the year concerned.
Women's Artistic Gymnastics:	min. 14 – max. 15 years
Rhythmic Gymnastics:	min. 14 – max. 15 years
Trampoline Gymnastics:	min. 13 – max. 16 years
Acrobatic Gymnastics:	min. 13 – max. 19 years
Aerobic Gymnastics:	min. 15 – max. 17 years
TeamGym:	min. 14 – max. 17 years

Youth

Acrobatic Gymnastics:	min. 12 - max. 18 years
Aerobic Gymnastics:	min. 12 - max. 14 years
Men's Artistic Gymnastics:	min. 13 – max 14 years
Women's Artistic Gymnastics	min. 12 – max 14 years

Pre-Youth

Acrobatic Gymnastics:	min. 11 – max. 16 years

For all disciplines: Gymnasts who have participated in a Senior World Championships, a Senior Continental Championships, a World Cup / World Challenge Cup or Multi-Sport Games, may not participate afterwards in Junior competitions. Details for a change of category in ACRO are listed in the specific rules for Acrobatic Gymnastics.

During the registration process before the competitions, European Gymnastics will check the nationality of the gymnasts and judges as well as the age and the World Gymnastics licence (except TeamGym) of the gymnasts.

Art. 5 The juries

The rights, duties and competences of the jury of appeal, the superior jury, of the competition management and the judges are indicated in the World Gymnastics Technical Regulations and the World Gymnastics Codes of Points resp. Code of Points European Gymnastics (TeamGym).
Exceptional cases not foreseen in the Regulations are decided by the members of the TC concerned.

Art. 5.1 Jury of appeal

If a jury of appeal is designated for an event, it is on duty while being on site. The jury of appeal is composed of two members of the Executive Committee (one of them acting as President) and if necessary a third person to be designated in accordance with the matter of the appeal, who was involved neither in the decision of the Competition Jury, nor in the decision of the Superior Jury, nominated on-site by the European Gymnastics President or his representative.

Art. 5.2 Superior Jury

The Superior Jury is composed of the Technical President and member(s) of the Technical Committee (where possible). In exceptional cases the TC President has the right to change the composition of the Superior Jury if required. The specific tasks of each member are defined by the TC concerned.

Art. 5.3 Judges' panel

In principle, the Judges' panels are composed according to the valid World Gymnastics Technical Regulations and World Gymnastics Code of Points resp. European Gymnastics Codes of Points.

Art. 5.4 Judges' meetings

At official European Gymnastics competitions, judges' meetings are organised under the direction of the respective TC. All judges are required to participate in these meetings.
If they do not take part, they are not allowed to judge.

Art. 5.5 Presence of the judges

All entered judges must be available until the end of the competition of the respective European Championship.
Exceptions have to be requested in advance and are managed by the respective TC President.

Art. 5.6 Function of judge

The function of a judge may not be combined with any other function (as Head of delegation).

Art. 6 Inquiries of the score

European Gymnastics applies the relevant TR/World Gymnastics article.

The number of inquiries made by a Federation are counted separately for each competition with a separate World Gymnastics competition (ID) number. (e.g.: the number of inquiries made by a Federation in the Junior competition and in a Senior competition are counted separately).

Following an inquiry if the final score remains unchanged or is lowered, the amount due will be invoiced by European Gymnastics (in Euro, not in USD) at a later date and same must be paid within one month.

Art. 7 Technical tasks

Art. 7.1 The TC of the discipline concerned is responsible for the technical organisation and running of the European Championship.

Art. 7.2 The organisation, running and direction of the competition comply with the World Gymnastics Technical Regulations and Codes of Points, taking the special requirements of European Gymnastics competitions into consideration.

Art. 7.3 The lighting, the temperature and humidity levels as well as the sound levels in competition-, warm-up- and training halls at European Gymnastics events must be in accordance with the World Gymnastics Technical Regulations and the World Gymnastics regulations for "Medical organisation of World Gymnastics competitions and events". The organising member federation of a European Gymnastics event is responsible to comply with the local laws of music copyright.

Art. 8 Apparatus

European Gymnastics refers to the World Gymnastics Apparatus Norms, World Gymnastics Codes of Points as well as the World Gymnastics Technical Regulations.
With regard to TeamGym, we refer to the European Gymnastics Directives for Equipment.
The TeamGym apparatus must be officially approved by European Gymnastics.

Art. 9 Medals

For the finals, the gymnasts receive:

1st rank:	a gold medal and a diploma
2nd rank:	a silver medal and a diploma
3rd rank:	a bronze medal and a diploma
4th to 8th rank:	a diploma.

On the podium, awards will only be presented to the medal winners.

In team competitions, each gymnast in the team, including the reserve gymnasts and 1 coach per team, receive the awards mentioned above in all disciplines, except for TeamGym.

For MAG/WAG: In the Mixed-Team-Final, only the gymnasts who compete in the Mixed-Team-Final receive a medal.

For RG groups: In team- and all-around competitions, all 6 gymnasts receive a medal. In apparatus finals, only the 5 gymnasts who competed in the routine concerned receive a medal.

For TeamGym: a maximum of 3 coaches registered with medal-winning teams are awarded a medal in recognition of their contribution.

Art. 10 Diplomas

Art. 10.1 The 8 best gymnasts/teams of each competition receive a diploma indicating their surname and first name, the federation they belong to, the rank and, where required, the type of the medal. The diplomas for the gymnasts ranked 1st to 8th will be given to the respective federations.

Art. 10.2 All competitors and officials receive a diploma indicating their surname and first name, the name of the federation they belong to, and their function within the organisation.

Art. 11 Ceremonies

European Gymnastics Directives for the organisation of Ceremonies will be respected.
The participation of the medal winners in the award ceremonies is compulsory. Gymnasts or teams that are absent for unjustified reasons will be disqualified.

Art. 12 Start Lists, Score Sheets, Ranking Lists and Lists of Finalists

Art. 12.1 Start Lists are to be provided and controlled by the contracted scoring company.

Art. 12.2 The intermediary results and rankings are only displayed on screens in the halls and published on the Internet.

Art. 12.3 The complete documentation is distributed at the end of the championship.

Art. 12.4 Immediately after each competition, the TC President must give their approval to publish the results. The award ceremony (if applicable) cannot proceed until authorised by the TC President. At the end of the event, the TC President signs the complete list of the results.

Art. 12.5 The TC President approves the list of the finalists and of the reserve gymnasts.

Art. 13 Obligations of the participating National Federations

The participating national federations shall pay for the travel and accommodation expenses (including meals) of their delegations.

The organising NF, respectively the Organising Committee, is authorised to request a deposit (50% maximum) from all participating NF.
The remaining costs must be paid before the arrival. NF not having fulfilled their financial obligations within the deadlines are not authorised to compete.
The organising NF must inform the participating federations on the terms of payment.

Art. 13.1 Use of electronic communication devices

During the duration of official European Gymnastics competitions (which is defined as starting the moment the first gymnast enters the field of play and ending the moment the last score is made public):

13.1.1 Judges on the field of play are absolutely prohibited from using mobile phones and any other kind of electronic communication devices, with the exception of devices provided by European Gymnastics or the Scoring provider for the actual scoring or other competition related tasks.

13.1.2 Other delegation members (gymnasts, coaches, medical staff) are prohibited from using mobile phones and any other kind of electronic communication devices except when listening to music (with earphones and at a sound level which is not observable for surrounding persons) or when taking photos (but no videos), without flash. At all times they must ensure they do not interrupt the running of the competition.

If these rules are violated during a competition, the persons concerned will receive a verbal warning, in the presence of a witness, followed by a written warning if repeated.
If this behaviour is repeated after the written warning is issued, those persons concerned will be excluded for the rest of the competition.
The Superior Jury is responsible to decide these disciplinary measures.
Appeals against these decisions have to be submitted to the Jury of Appeal whose decision is final.

Art. 13.2 Obligation of the participating National Federations to attend the Orientation Meeting

The Local Organising Committee and European Gymnastics provide very important information during the Orientation Meeting of European Gymnastics events.
It is mandatory for all Heads of Delegation of the federations or their representatives to attend.
Unjustified failure to attend will result in a sanction against the federation of Euro 1000.-.

Art. 14 Doping controls

Doping is forbidden in all its forms. Concerning the Anti-Doping fight, World Gymnastics has established rules specifically based on the Anti-Doping Code of the World Anti-Doping-Agency.
All questions concerning the Anti-Doping fight must take reference from these rules, in particular the procedures to be followed for the controls and sanctions to be taken.

Art. 15 Final dispositions

Art. 15.1 The dispositions of the Statutes of European Gymnastics and the World Gymnastics Technical Regulations will be applied in all situations which are not foreseen in these regulations.
If extraordinary situations should occur, the necessary decisions will be made by the President of the TC concerned, in cooperation with the members of the EC and TC present at the competition.

Art. 15.2 The EC in cooperation with the relevant TC has the right to make necessary technical modifications in order to improve the organisation and practical running of the European Championship.
In that case, all the member federations have to be informed immediately.

These regulations were approved by the European Gymnastics Executive Committee on October 31st, 2026.

They come into operation on January 1st, 2027.

EUROPEAN GYMNASTICS
Dr Farid Gayibov
President

European Gymnastics

Technical Regulations

Part II

Specific Rules – Artistic Gymnastics



Edition 2027

Art. 1 Competitions

In even years, the following competitions are organised for WAG Seniors and Juniors:
Qualifying Competition, Seniors including All-Around Final
Qualifying Competition, Juniors including Team Final & All-Around Final
Apparatus Finals, Seniors and Juniors
Team Final, Seniors

In even years, the following competitions are organised for MAG Seniors and Juniors:
Qualifying Competition, Seniors including All-Around Final
Qualifying Competition, Juniors including Team Final
Apparatus Finals, Seniors and Juniors
All-Around Final Juniors
Team Final, Seniors

In odd years, the following competitions are organised for MAG and WAG Seniors:
Qualifying Competition including Team Final
Mixed Team Final
All-Around Final
Apparatus Finals

Art. 2 Composition of the delegations

Art. 2.1 European Championships (even years)

All federations are entitled to participate with either a team composed of 3 to 5 gymnasts, or a maximum of three (3) individual gymnasts.
**MAG Senior Teams have the option to bring one further individual apparatus specialist gymnast.

	Juniors	Seniors	Mixed
WAG Gymnasts	5	5	10
MAG Gymnasts	5	6	11
Head of Delegation	1	1	1
Team Manger	1	1	2
Coaches	2	2	4
Doctors	1	1	1
Paramedical Staff	1	1	2
Judges	1	1	2
Mental Health Professional	1	1	1

The costs for additional accreditations have to be assumed by the NF.
The number of coaches cannot be higher than the number of gymnasts.

Art. 2.2 European Championships (odd years)

All federations are entitled to participate with either a team composed of 3 to 5 gymnasts, or a maximum of three (3) individual gymnasts.

**MAG Senior Teams have the option to bring one further individual apparatus specialist gymnast.

	MAG	WAG	Mixed
Gymnasts	6	5	11
Head of Delegation	1	1	1
Team Manager	1	1	2
Coaches	3	3	6
Doctors	1	1	1
Paramedical Staff	1	1	2
Judges (for delegations with 1 - 3 individual gymnasts)	1	1	2
Judges (for delegations with a team)	2	2	4
Mental Health Professional	1	1	1

The costs for additional accreditations have to be assumed by the NF.
The number of coaches cannot be higher than the number of gymnasts.

Art. 3 Competition format

Art. 3.1 European Championships in MAG and WAG, Seniors and Juniors (even years)

3.1.1 MAG and WAG SENIORS - Qualifying Competition including All-Around Final, plus, qualification for Apparatus Finals and Team Final.

MAG JUNIORS - Qualifying Competition including Team Final, plus qualification for the All-Around Final and Apparatus Finals.

WAG JUNIORS – Qualifying Competition including All-Around and Team Final, plus qualification for the Apparatus Finals**.**

For MAG and WAG a Senior and Junior Team consists of 3 - 5 gymnasts, of which up to 4 compete on each apparatus. The 3 best scores on each apparatus are added together to make the total score for the Team on that apparatus.

MAG Federations who compete with a Senior Team may bring a 6th gymnast to participate as an individual apparatus specialist. This gymnast may compete on a maximum of 3 apparatus.

The competition consists of 6 apparatus for the men and 4 for the women. As a general rule, the events will be performed in the Olympic order.

The number of subdivisions depends on the number of participating gymnasts. As a general rule, every subdivision includes 12 (male) resp. 8 (female) teams/mixed groups.

The composition of subdivisions is decided by the drawing of lots amongst the teams and individual gymnasts.

For juniors, the draw will start with the final Subdivision and work its way back to Subdivision 1. As federations are drawn, they will be placed horizontally across the apparatus working in Olympic order. The draw will continue until all federations have been drawn.
For Seniors, the draw will start with the 6 (MAG) or 4 (WAG) highest ranked teams from the qualification competition at the European Championships from the previous year (or in exceptional circumstances from another competition to be decided by the EC following proposals from the MAG and WAG Technical Committees) plus the host NF, drawn in the final subdivision and placed horizontally across the apparatus working in Olympic order.

The draw will continue with the remaining teams and individual gymnasts to complete the final Subdivision and then work its way back to Subdivision 1. As federations are drawn, they will be placed horizontally across the apparatus working in Olympic order. The draw will continue until all federations have been drawn.

The best Junior Team is awarded the title "Junior European Artistic Gymnastic Team Champion Men/Women".

The best Junior Individual All-around gymnast is awarded the title "Junior European Champion in Artistic Gymnastics Women".

The best Senior Individual All-around gymnast is awarded the title "Senior European Champion in Artistic Gymnastics Men/Women".

3.1.2 MAG JUNIORS - All-Around Final

The 24 gymnasts with the highest ranking obtained in the Qualifying Competition will qualify for the All-Around final.

A maximum of two gymnasts per federation are allowed in the finals.

The starting order of the gymnasts will be communicated in the work plan.

The winner of the All-Around Final juniors is awarded the title "Junior European Champion in Artistic Gymnastics Men".

3.1.3 MAG & WAG SENIORS - Team final

The 8 best Teams from the Qualifying Competition will participate in the Team Final. Teams consist of 3 to 5 gymnasts. 3 gymnasts will compete on each apparatus with all 3 scores counting towards the total score for the Team on that apparatus.

The starting order of the gymnasts will be communicated in the work plan.

The winner of the Team Final for Seniors is awarded the title "European Artistic Gymnastic Team Champion Men/Women".

3.1.4 SENIORS & JUNIORS - Apparatus Finals

The 8 highest ranked gymnasts on each apparatus from the Qualifying Competition will qualify for the respective Apparatus Final.

A maximum of two gymnasts per federation will be allowed in the finals.
The starting order of the gymnasts will be communicated in the work plan.

The winner on each apparatus is awarded the title "European Champion on … (the corresponding apparatus) Men/Women" or "Junior European Champion on … (the corresponding apparatus) Men/Women".

3.1.5 Reserve gymnasts

Reserve gymnasts for all Finals will be in accordance with the World Gymnastics Technical Regulations.

3.1.6 Exercise requirements

The requirements must comply with the valid World Gymnastics Codes of Points as well as the World Gymnastics rules for Junior competitions.

3.1.7 Special regulations

If necessary, special regulations will be published in the work plan.

3.1.8 Tie breaking rules

The current tie breaking rules for Junior & Senior competitions will follow the principles of the World Gymnastics Technical Regulations.

Art. 3.2 European Championships in MAG and WAG, Seniors (odd years)

3.2.1 Qualifying Competition including Team Final, plus qualification for the All-Around Final, the Apparatus Finals & Mixed Team Final.

For MAG and WAG a Senior Team consists of 3 - 5 gymnasts, of which up to 4 compete on each apparatus. The 3 best scores on each apparatus are added together to make the total score for the Team on that apparatus

MAG Federations who compete with a Senior Team may bring a 6th gymnast to participate as an individual apparatus specialist. This gymnast may compete on a maximum of 3 apparatus.

The competition consists of 6 apparatus for the men and 4 for the women. As a general rule, the events will be performed in the Olympic order.

The number of subdivisions depends on the number of participating gymnasts.

The composition of subdivisions is decided by the drawing of lots among the teams and individual gymnasts.

The draw will start with the 6 (MAG) or 4 (WAG) highest ranked teams from the qualification competition at the European Championship from the previous year (or in exceptional circumstances from another competition to be decided by the EC following proposals from the MAG and WAG Technical Committees) plus the host NF, drawn in the final subdivision and placed horizontally across the apparatus working in Olympic order.

The draw will continue with the remaining teams and individual gymnasts to complete the final Subdivision and then work its way back to Subdivision 1. As federations are drawn, they will be placed horizontally across the apparatus working in Olympic order. The draw will continue until all federations have been drawn.

The best Team from the Qualifying Competition is awarded the title "European Artistic Gymnastic Team Champion Men / Women".

3.2.2 All-around final

The 24 gymnasts with the highest ranking obtained in the Qualifying Competition are qualified for the All-Around Final.
A maximum of two gymnasts per federation is allowed in the finals.
The starting order of the gymnasts will be communicated in the work plan.

The winner of the All-Around Final is awarded with the title "European Artistic Gymnastic Champion Men/Women".

3.2.3 Apparatus finals

The 8 highest ranked gymnasts on each apparatus in the Qualifying Competition will qualify for the respective Apparatus Final.
A maximum of two gymnasts per federation is allowed in the finals.
The starting order of the gymnasts will be communicated in the work plan.

The winner on each apparatus is awarded with the title "European Champion on ... (the corresponding apparatus) Men/Women".

3.2.4 Mixed Team Final

A Team comprises of a maximum of 3 MAG & 3 WAG Gymnasts / Minimum 2 MAG & 2 WAG Gymnasts.

MAG Apparatus – Floor, Parallel Bars & Horizontal Bar

WAG Apparatus - Uneven Bars, Balance Beam & Floor

A Total of 8 federations qualify for the MTF.

Qualification for the MTF is via the QC – Top 2 Scores on each of the relevant apparatus make up the Team Score for the MTF.

A NF can utilise all 3 WAG / MAG Gymnasts across the 3 Rounds at their discretion

2 WAG & 2 MAG Gymnasts compete in each Round.

NF chose the Gymnasts (Qualification is non-nominative).

The winner of the Mixed Team Final is awarded with the title "European Artistic Gymnastics Mixed Team Champions".

3.2.5 Reserve gymnasts

Reserve gymnasts for all Finals will be in accordance with the World Gymnastics Technical Regulations.

3.2.6 Exercise requirements

The requirements must comply with the valid World Gymnastics Technical Regulations and Code of Points, allowing for adjustments.

3.2.7 Special regulations

If necessary, special regulations will be published in the work plan concerned.

3.2.8 Tie breaking rules

The current World Gymnastics tie breaking rules of the World Gymnastics Technical Regulations will be applied.

Art. 3.3 Ranking List

Where there is no separate All-Around Final, the All-Around Champion will be decided from the results of the Qualifying Competition. The All-Around result list will be extracted from the Qualifying Competition result list taking note of a maximum of 2 gymnasts per federation.

Where there is no separate Team Final, the Team Final Champions will be decided from the results of the Qualifying Competition.

Art. 4 Provisional Duration and timetable of the events (to be confirmed with the respective event directives)

As a general rule, the

European Championships for WAG (even years) are organised over 4 days

Day 1 – Qualifying Competition Seniors
Day 2 – Qualifying Competition Juniors
Day 3 – Apparatus Finals Seniors
Day 4 – Apparatus Finals Juniors and Team Final Seniors

The starting order can be reversed JUN / SEN.
The final starting order will be communicated in the work plan.

European Championships for MAG (even years) are organised over 5 days.

Day 1 – Qualifying Competition Seniors
Day 2 – Qualifying Competition Juniors
Day 3 – Apparatus Finals Seniors, 1st part
Day 4 – Apparatus Finals Juniors and Apparatus Finals Seniors, 2nd part
Day 5 – All-Around Final Juniors and Team Final Seniors

European Championships for MAG and WAG (odd years) are organised over 6 days.

Day 1 – Qualifying competition WAG
Day 2 – Qualifying competition MAG
Day 3 – All-Around Final WAG and All-Around Final MAG
Day 4 – Apparatus Finals, 1st part
Day 5 – Apparatus Finals, 2nd part
Day 6 – Mixed Team Final

The starting order can be reversed WAG / MAG.
The final starting order will be communicated in the work plan.

European Gymnastics

Technical Regulations

Part II

Specific Rules – Rhythmic Gymnastics



Edition 2027

Art. 1 Competitions

Art. 1.1 European Championships in even years

In the even years**,** the following competitions are organised for seniors and juniors:

Senior Individuals
- Qualifying competition with Team* Ranking
- All Around Final
- Apparatus Finals

Senior Groups
- Qualifying competition with Team* and All-Around Ranking
- Apparatus Finals

Junior Individuals
- Qualifying competition with Team** Ranking
- Apparatus Finals

* Team ranking between the Senior Individuals and Senior Groups
** Team ranking between the Junior Individuals

Art. 1.2 European Championships in odd years

In the odd years, the following competitions are organised for seniors and juniors:

Senior Individuals
- Qualifying competition with Team* Ranking
- All Around Final
- Apparatus Finals

Senior Groups
- Qualifying competition with Team* and All-Around Ranking
- Apparatus Finals

Junior Groups
- Qualifying competition with All Around Ranking
- Apparatus Finals

*Team ranking between the Senior Individuals and Senior Groups

Art. 2 Composition of the Delegations

Art. 2.1 Even Years

	SENIOR Individuals	SENIOR Groups	JUNIOR Individuals	TOTAL Max.
Gymnasts	1-3	5-6 *	1-4	13
Reserve Gymnasts	1		1	2
Head of Delegation	1	1	1	1
Team Manager	1	1	1	2
Coach	1-2***	2	1-2***	6
Doctor	1	1	1	1
Paramedical Staff	1	1	1	2
Judges **	1	1	1	2
Mental Health Professional	1	1	1	1

* Each gymnast must compete at least once.
** NF must register at least 1 qualified judge.
*** No more coaches than gymnasts (per category)

Art. 2.2 Odd Years

	SENIOR Individuals	SENIOR Groups	JUNIOR Groups	TOTAL Max.
Gymnasts	1-3	5-6 *	5-6 *	15
Reserve Gymnasts	1			1
Head of Delegation	1	1	1	1
Team Manager	1	1	1	2
Coach	1-2***	2	2	6
Doctor	1	1	1	1
Paramedical Staff	1	1	1	2
Judges **	1	1	1	2
Mental Health Professional	1	1	1	1

* Each gymnast must compete at least once.
** NF must register at least 1 qualified judge.
*** No more coaches than gymnasts (per category)

Art. 3 Competition format

Art. 3.1 Even Years

3.1.1 General Layout of the Programme

Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Official Trainings	**Junior competitions**	**Qualifications for WCh**	**Qualifications for WCh**	**Senior Individuals All Around Finals**	**Apparatus Finals Senior Individuals Senior Groups**
	Junior Individuals 4 apparatus	Senior individuals (2 apparatus)	Senior individuals (2 apparatus)	Senior Individuals (2- 4 apparatus)	Finals Senior Individuals
	4 exercises	4 exercises	4 exercises	2 - 4 exercises	4 apparatus
		Apparatus Finals Junior individuals 4 apparatus		Senior Groups	Finals Senior Groups
				2 exercises	2 exercises
	Award ceremonies _____ Team Junior individuals	Award ceremonies _____ Junior individuals Apparatus Finals	Official Trainings Senior Groups	Award Ceremonies _____ Award Ceremony Senior Individuals All Around Final Team Senior Individuals & Senior Groups All-Around Senior Groups	Award ceremonies _____ Apparatus Finals Senior Individuals Senior Groups

3.1.2 Senior Individuals

Qualifying competition with Team ranking

- 1-3 gymnasts per NF
- The gymnasts present maximum 8 exercises with the apparatus according to the World Gymnastics programme for the respective year
- A gymnast may participate in 1 - 4 exercises
- If a NF participates with only 1 gymnast, she must present an exercise with all 4 apparatus
- NF with only 1 gymnast cannot participate in the Team ranking
- Qualification for the AA – the best 3 scores count (max. 2 gymnasts per NF).

All-Around Final

- The best 20 gymnasts from the qualifications
- Maximum 2 gymnasts per NF
- 1 gymnast from the host country if not yet qualified. The distribution of places will be as follows: 20 + 1 from the host country (if not qualified)

- All gymnasts must present 2 exercises.
- The 10 highest-ranked gymnasts after the first two exercises present two more exercises.
- The apparatus for the first part of the all-around final (2 apparatus) and second part of the all-around final (2 apparatus) will be decided by draw and published in the event directives.
- The starting order in the last 2 rotations (3rd and 4th) rotation is in reversed order of the result after the 2nd rotation. (The gymnast ranked 10th after rotation 2 is the first competitor in rotation 3 and 4. The gymnast ranked 1st after rotation 2 is the last competitor in rotation 3 and 4.)
- The All-Around ranking result is obtained by all scores (the best 4 scores by the top 10 gymnasts and the best 2 scores by the gymnasts ranked 11 – 20 resp. 21).
- The winner of the All-Around competition is awarded with the title "European All-Around Champion".

Apparatus Finals
- Competition of the best 8 individual gymnasts per apparatus of the qualifying competition. Maximum 2 per NF
- The first ranked gymnast of each apparatus is awarded with the title “European Champion”.

3.1.3 Senior Groups

Qualifying competition with Team and All-Around ranking
- Group competition (5-6 gymnasts) with 2 different exercises, one executed with 1 apparatus, the other with 2 types of apparatus, according to the World Gymnastics programme for the respective year.
- The winner of the All-Around competition is awarded with the title "European All-Around Champion".
- The All-Around competition is also a qualifying competition for the Apparatus finals
- NF only with Senior Group cannot participate in the Team ranking

Apparatus Finals
- Competition of the best 8 groups per apparatus of the qualifying competition.
- The gymnasts of the first ranked group in the group exercises are awarded with the title "European Champion" at the respective apparatus.

3.1.4 Team Ranking

Senior Groups and Senior Individuals

The winner of the Team Competition is designated as follows:
- Senior Individual gymnasts: the result of all 8 routines
- Senior Groups: the result of the 2 exercises.
- The above-mentioned results will be added; the best NF is awarded with the title “European Team Champion”.
- If a NF does not participate in the Team Competition (i.e. competes without a Senior Group): the gymnast/s can be ranked for the All-Around competition and qualify for the Apparatus Finals.
- If a NF does not participate in the Team Competition (i.e. competes without Senior Individuals): the Senior Group will be ranked for the All-Around competition and can qualify for the Apparatus Finals.

3.1.5 Junior Individuals

Qualifying competition with Team ranking

- Individual competition with 1 - 4 gymnasts per federation
- The gymnasts present 4 exercises with the 4 apparatus according to the World Gymnastics programme for the respective year.
- A gymnast may participate with 1 - 4 exercises
- If a NF participates with only 1 gymnast, she has to present an exercise with all 4 apparatus and can qualify with each apparatus for the Apparatus Finals.
- Team ranking: The result of all 4 scores
- The first ranked Junior Team will be awarded with the title "European Junior Team Champion".
- NF with only 1 gymnast cannot participate in the Team ranking.

Apparatus Finals

- Competition of the best 8 gymnasts per apparatus (4 apparatus) of the qualifying competition. Maximum 1 per NF
- The first ranked gymnast of each apparatus is awarded with the title "European Junior Champion".

Art. 3.2 Odd Years

3.2.1 General Layout of the Programme

Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Official Trainings	**Junior Qualifications & Finals**	**Senior Qualifications for WCh**	**Senior Qualifications for WCh**	**Senior All-Around Final**	**Senior Apparatus Finals**
	Junior Groups Qualification and All-Around Ranking (2 apparatus)	Senior Individuals Qualifications (2 apparatus)	Senior Individuals Qualifications (2 apparatus)	Senior Individuals All-Around Final (2 - 4 apparatus)	Senior Individuals Apparatus Finals (4 apparatus)
	2 exercises	4 exercises	4 exercises	2 - 4 exercises	4 exercises
	Junior Groups Apparatus Finals (2 apparatus)	Senior Groups Qualifications	Senior Groups Qualifications		Senior Groups Apparatus Finals
	2 exercises	1 exercise	1 exercise		2 exercises
	Award Ceremonies _____ Junior Groups: • Apparatus Finals • All-Around		Award Ceremonies _____ Senior Individuals and Groups: • Team Senior Groups: • All-Around	Award Ceremonies _____ Senior Individuals: • All-Around Final	Award Ceremonies _____ Senior Individuals and Groups: • Apparatus Finals

3.2.2 Senior Individuals

Qualifying competition with Team ranking

- 1-3 gymnasts per NF
- The gymnasts present maximum 8 routines with the apparatus according to the World Gymnastics programme for the respective year
- A gymnast may participate in 1 - 4 exercises
- If a NF participates with only 1 gymnast, she must present an exercise with all 4 apparatus
- NF with only 1 gymnast cannot participate in the Team ranking
- Qualification for the AA – the best 3 scores count (max. 2 gymnasts per NF).

All-Around Final

- The best 20 gymnasts from the qualifications
- Maximum 2 gymnasts per NF
- 1 gymnast from the host country if not yet qualified. The distribution of places will be as follows: 20 + 1 from the host country (if not qualified)
- All gymnasts must present 2 exercises.
- The 10 highest-ranked gymnasts after the first two exercises present two more exercises.
- The apparatus for the first part of the all-around final (2 apparatus) and second part of the all-around final (2 apparatus) will be decided by draw and published in the event directives.
- The starting order in the last 2 rotations (3rd and 4th) rotation is in reversed order of the result after the 2nd rotation. (The gymnast ranked 10th after rotation 2 is the first competitor in rotation 3 and 4. The gymnast ranked 1st after rotation 2 is the last competitor in rotation 3 and 4.)
- The All-Around ranking result is obtained by all scores (the best 4 scores by the top 10 gymnasts and the best 2 scores by the gymnasts ranked 11 – 20 resp. 21).
- The winner of the All-Around competition is awarded with the title "European All-Around Champion".

Apparatus Finals

- Competition of the best 8 individual gymnasts per apparatus of the qualifying competition. Maximum 2 per NF
- The first ranked gymnast of each apparatus is awarded with the title “European Champion”.

3.2.3 Senior Groups

Qualifying competition with Team and All-Around ranking

- Group competition (5-6 gymnasts) with 2 different exercises, one executed with 1 apparatus, the other with 2 types of apparatus, according to the World Gymnastics programme for the respective year.
- The winner of the All-Around competition is awarded with the title "European All-Around Champion".
- The All-Around competition is also a qualifying competition for the Apparatus finals
- NF with only 1 Senior Group cannot participate in the Team ranking

Apparatus Finals

- Competition of the best 8 groups per apparatus of the qualifying competition.

- The gymnasts of the first ranked group in the group exercises are awarded with the title "European Champion" at the respective apparatus.

3.2.4 Team Ranking

Senior Groups and Senior Individuals

The winner of the Team Competition is designated as follows:

- Senior Individual gymnasts: the result of all 8 routines
- Senior Groups: the result of the 2 exercises.
- The above-mentioned results will be added; the best NF is awarded with the title “European Team Champion”.
- If a NF does not participate in the Team Competition (i.e. competes without a Senior Group): the gymnast/s can be ranked for the All-Around competition and qualify for the Apparatus Finals.
- If a NF does not participate in the Team Competition (i.e. competes without Senior Individuals): the Senior Group will be ranked for the All Around competition and can qualify for the Apparatus Finals.

3.2.5 Junior Groups

Qualifying competition with All-Around ranking

- Group competition (5-6 gymnasts) with 2 exercises of 2 different apparatus according to the World Gymnastics programme for the respective year. The results of the 2 exercises will be added.
- The winner after the 2 exercises is awarded with the title “European Junior Champion”
- The best 8 groups are qualified for the Apparatus Final.
- NF may participate with only 1 exercise. The group will qualify for the Apparatus Finals.

Apparatus Finals

- Competition of the 8 best groups of the qualifying competition.
- The gymnasts of the first ranked group will be awarded with the title "European Champion" of the respective apparatus.

Art. 3.3 Tie breaking rules

The World Gymnastics tie breaking rules of the World Championships and the World Gymnastics tie-breaking rules for juniors in force are to be applied.

For the Senior RGI all-around final at European Championships in even and odd years:

- **Ties will <u>not</u> be broken** after the **first part (after 2 exercises).**
- All gymnasts ranked among the top 10 after rotation 2 of the Senior RGI all-around final will proceed to the 2nd part of the all-around final (rotations 3 and 4, two apparatus).
- A draw will be made among gymnasts concerned by possible ties to decide their starting order position in the 2nd part of the all-around final.
- **Ties <u>will</u> be broken** after the **second part (after 4 exercises)**, based on the World Gymnastics tie break rules for World Championships valid at the time of the event.

Art. 3.4 Drawing of lots

3.4.1 A drawing of lots will determine the starting order for the first part of the competition for each NF in the RGI (Senior and Junior) and RGG (Junior) qualification. For the second part of the competitions a rotation between the sets will be organised as follows:

Procedure example - Individuals:

Drawing of lots	Rotation	Drawing of lots	Rotation
8 Sets		**4 Sets**	
1st part of competition	2nd part of competition	1st part of the competition	2nd part of the competition
Set A	Set E	Set A	Set C
Set B	Set F	Set B	Set D
Set C	Set G	Set C	Set A
Set D	Set H	Set D	Set B
Set E	Set A		
Set F	Set B		
Set G	Set C		
Set H	Set D		

Drawing of lots	Rotation	Drawing of lots	Rotation
2 Sets		**3 sets**	
1st part of competition	2nd part of competition	1st part of competition	2nd part of competition
Set A	Set B	Set A	Set B
Set B	Set A	Set B	Set C
		Set C	Set A

Procedure example – Groups All-Around (Juniors)

Drawing of lots	Rotation	Drawing of lots	Rotation
Even number of participants		Odd number of participants	
1st part of the competition		1st part of the competition	
1-10	11-20	1-11*	12-21
11-20	1-10	12-21	1-11

* L a r g e r number of groups will be placed in the first set, in case of an odd number of participating groups.

3.4.2 For the Senior Individuals All-Around Final, a drawing of lots will determine the starting order for the first two rotations. The starting order for the last two rotations will be defined by the competition result after the first two rotations, as described in articles 3.1.2 / 3.2.2.

3.4.3 The starting order in the Senior Groups All-Around will be defined by draw as follows:
The groups of NF ranked in the top half of the Senior Groups All-Around at the previous European Championships, will be drawn into the second set (competing last). The groups of NF ranked in the second half of the Senior Groups All-Around at the previous European Championships, will be drawn into the first set (competing first).
If a NF did not participate in the Senior Groups All-Around in the previous European Championships, it is drawn into the first set.
In case of an odd number or participating groups, the larger number of groups is drawn into the first set.

Procedure example – Groups All-Around (Seniors)

Drawing of lots & Rotation	**Drawing of lots & Rotation**
Even number of participants	Odd number of participants
1st and 2nd part of the competition	1st and 2nd part of the competition
Draw among 11 – 20*	Draw among 11-21*
Draw among 1 -10**	Draw among 1 – 10**

*Groups of NF ranked 11 – 20 / 21 in the Senior Groups All-Around at previous European Championships
** Groups of NF ranked 1 – 10 in the Senior Groups All-Around at previous European Championships

3.4.4 A drawing of lots for the Apparatus Finals will determine the starting order for the Finalists for Individuals and Groups. Adjustments to ensure recovery time for gymnasts competing in multiple finals are handled according to World Gymnastics Technical Regulations.

3.4.5 The TC has the right for modifications in case of withdrawals after the drawing of lots.

Art. 4 Duration and timetable of the event

As a general rule, the European Championships are organised in 5 days.

Modifications can be made by the TC in particular cases.

European Gymnastics

Technical Regulations

Part II

Specific Rules – Trampoline Gymnastics



Edition 2027

Art. 1 Competitions

In the **even years**, Trampoline Gymnastics European Championships with qualifications and finals for seniors and juniors are organised in the following disciplines:

- **Trampoline:**
  - Individual women
  - Individual men
  - Team women
  - Team men
  - Synchro women
  - Synchro men
  - Synchro mixed (U21 only)

- **Tumbling:**
  - Individual women
  - Individual men
  - Team women
  - Team men

- **Double Mini-Trampoline:**
  - Individual women
  - Individual men
  - Team women
  - Team men

Art. 2 Composition of the delegations

GYMNASTS	Men			Women			TOTAL
	JUN	U21	SEN	JUN	U21	SEN	
Trampoline individual	4	2	4	4	2	4	20
Trampoline synchro	2 pairs		2 pairs	2 pairs		2 pairs	8 pairs
Trampoline synchro mixed	2 pairs (U21 only)						2 pairs
Reserve individual and synchro*	-		-	-		-	-**
Double mini-trampoline	4		4	4		4	16
Reserve double mini-trampoline	1		1	1		1	4
Tumbling	4		4	4		4	16
Reserve tumbling*	1		1	1		1	4

Each team participating in the team competition is composed of 3 to 4 individual gymnasts.

FUNCTION	TRA	TUM	DMT	TOTAL
	JUN - U21 - SEN	JUN - SEN	JUN - SEN	
Head of delegation	1			1
Team manager juniors	1			1
Team manager seniors	1			1
Coaches* ** (8 or less gymnasts)	4	4	4	12
Coaches* ** (more than 8 gymnasts)	6	4	4	14
Judges**	1 or 2	1 or 2	1 or 2	3-6
Doctor	1			1
Paramedical Staff	1	1	1	3
Mental Health Professional	1			1

Additional accreditations have to be bought by the NF.

* Reserve gymnasts can only compete if a gymnast is injured; this has to be confirmed by the official doctor.
** Reserves for Trampoline Synchro must come from Trampoline Individual and vice versa.
*** Not more than 1 coach per gymnast
**** Participating in junior, U21 and senior events of one discipline (TRA, TUM or DMT) with more than 5 registered gymnasts, the NF is obliged to bring two judges per discipline. Participating in junior, U21 and senior events of one discipline (TRA, TUM or DMT) with 5 registered gymnasts or less, the NF can bring either one or two judges per discipline.

Art. 3 Competition format

The competition programme in the disciplines TRA, DMT and TUM consists of a qualifying competition and a final.

Qualifications in TRA, DMT and TUM are divided in two rounds - Qualification (Q1) and Semi-Final (Q2). Q1 acts as Team Qualification for Team Finals.

Individual finals in DMT and TUM are divided into two rounds - F1 and F2.

TRA Individual and Synchro competitions consist of Qualification (Q1), Semi-Final (Q2) and a Final.

TRA, DMT and TUM Team competitions consist of Qualification (Q1) and a Final.

Art. 3.1 Qualifications, Seniors, U21 and Juniors

All participants must take part in the qualifications in order to achieve a place in the finals.

Art. 3.2 Semi-Finals (Q2), TRA, DMT and TUM, Seniors, U21 and Juniors

All gymnasts / pairs qualified from Qualification (Q1) must take part in the Semi-Final (Q2), if held, in order to achieve a place in the Finals.

Participation: The number of gymnasts who will go forward from Qualification (Q1) to Semi-Finals (Q2) depends on the number of entries in the definitive registrations:

- 1-31 entries — No Semi-Final (Q2)
- 32-47 entries — Semi-Final (Q2) with 16 gymnasts
- 48 and + entries — Semi-Final (Q2) with 24 gymnasts.

A maximum of 3 gymnasts / 2 pairs per member federation may compete in the Semi-Final (Q2). The gymnasts / pairs start the Semi-Final (Q2) with a score of zero.

Art. 3.3 Finals, Seniors, U 21 and Juniors

The finals determine the European Champions.

Participation:
A maximum of 8 individual gymnasts per discipline and age category, men and women (maximum 2 per NF)
A maximum of 8 synchro pairs per age category, men and women (maximum 1 per NF)
The top 8 (if 12 teams or more) or top 5 (if less than 12 teams) teams in TRA individual, DMT and TUM per age category, men and women (3 gymnasts per team).

3.3.1 If there are less than 12 entries in a category, only 6 will proceed to the final.

Art. 3.4 Starting order

In the Qualification (Q1), Semi-Final (Q2) and in the Final, the starting orders will be determined by draw according to the World Gymnastics TR/Code of Points valid at the time of the event. The starting order for F2 will follow the same order as F1.
In the Team Final, the starting order will be in reverse rank order of merit from the Qualification, i.e. lowest first, with the first gymnast from the team on 5th (or 8th) place going first, followed by the first gymnast representing the team on 4th (or 7th) place, etc.

Art. 3.5 Exercise requirements

The requirements comply with the valid World Gymnastics Code of Points and/or the European Gymnastics Competition directives.

Art. 3.6 Tie breaking rules

The World Gymnastics tie breaking rules of the World Championships in force are to be applied.

Art. 3.7 Reserves

Reserves for the Semi-Finals (Q2) and Finals will be in accordance with the TR/World Gymnastics.

Art. 4 Duration and timetable of the event

As a general rule, the European Championships are organised in 5 days. From Tuesday to Saturday or from Wednesday to Sunday.

Day 1
Qualifications (Q1), Jun ECh - TRA
Qualifications (Q1), Sen ECh - TUM, DMT

Day 2
Qualifications (Q1), Jun ECh - TUM, DMT
Qualifications (Q1), U 21 ECh - TRA
Qualifications (Q1), Sen ECh - TRA

Day 3
Qualifications (Q1), Jun ECh – Synchro
Qualifications (Q1), U21 ECh- Synchro mixed
Qualifications (Q1), Sen ECh- Synchro
Semi-Finals (Q2), Jun ECh – Synchro
Semi-Finals (Q2), U21 ECh – Synchro mixed
Semi-Finals (Q2), Sen ECh – Synchro

Day 4
Semi-Finals (Q2), Jun ECh in all individual disciplines
Semi-Finals (Q2), U21 ECh - TRA
Semi-Finals (Q2), Sen ECh in all individual disciplines
Team Finals, Jun ECh - TUM, DMT, TRA
Team Finals, Sen ECh - TUM, DMT, TRA

Day 5
Finals, Jun ECh – Synchro
Finals, U21 ECh – Synchro mixed
Finals, Sen ECh - Synchro
Finals, Jun ECh in all individual disciplines
Finals, U21 ECh -TRA
Finals, Sen ECh in all individual disciplines

Art. 5 Championship titles

The top ranked team, individual competitor or synchro pair from each competition shall receive the title of Junior, U 21 or Senior Trampoline Gymnastics European Champion respectively (resp. TUM/DMT).

European Gymnastics

Technical Regulations

Part II

Specific Rules – Acrobatic Gymnastics



Edition 2027

Art. 1 Competitions

In the **odd years**, Acrobatic Gymnastics European Championships with qualifications and finals for seniors and juniors, Pre-Youth and Youth are organised in the following categories:

- Women's Pair
- Men's Pair
- Mixed Pair
- Women's Group
- Men's Group.

The programme is composed of a balance exercise, a dynamic exercise, and a combined exercise.

Participation

Pairs or Groups who have competed in World Championships, World Cups, World Games or as Seniors in Continental Championships may not compete in the Pre-Youth, Youth and Junior Competitions.

Pairs or groups who have competed in the Juniors in any World Gymnastics approved competition, including Continental Championships may not compete in a Youth or Pre-Youth level.

Pairs or groups who have competed in the Youth in any World Gymnastics approved competition, including Continental Competition may not compete in a Pre-Youth level.

A gymnast who has previously competed in any World Gymnastics approved competition and who is in a newly formed unit (pair or group) is eligible to compete at any level. A unit is considered as different when minimum one partner in the pair/group is changed.

A gymnast may only participate in one level and unit (pair/group) during same competition (Pre-Youth, Youth, Junior or Senior).

Art. 2 Composition of the delegations

Art 2.1 European Championships (Juniors and Seniors)

		Seniors Min. 15	**Juniors 13 – 19**
Gymnasts		Max 2 units per category and Age Group	
Head of delegation		1	
Team Manager	3 – 5 units	1	1
	6 to 10 units	2	2
Coaches	1 unit	1	1
	2 units	2	2
	3 to 4 units	3	3
	5 to 6 units	4	4
	7 to 8 units	5	5
	9 units and more	6	6
Additional Coaches *	4 to 6 units	1	1
	7 units and more	2	2
Judges **		1 or 2	
Doctor		1	
Paramedical Staff		1	1
Mental Health Professional		1	

Additional Doctor or Paramedic. Staff *	4 to 7 units	1	1
	8 units and more	2	2
Guest or VIP Guest *	1 to 4 units	1	1
	5 units and more	2	2
Chaperone (max. 1 chaperone per 10 gymnasts, maximum of 4 chaperones in total)		4	

* Accreditation at the charge of the federation
** in accordance with the TR/World Gymnastics excluding any Chair or Difficulty Judge drawn by the ACRO Technical Committee.

Art. 2.2 European Youth Championships

		Pre-Youth	**Youth**
		11 – 16	**12 - 18**
Gymnasts		Max 2 units per category and Age Group	
Head of delegation		1	
Team Manager	4 to 5 units	1	
	6 units and more	2	
Coaches	1 unit	1	
	2 units	2	
	3 to 4 units	3	
	5 to 6 units	4	
	7 to 8 units	5	
	9 units and more	6	
Additional Coaches *	4 to 6 units	1	
	7 units and more	2	
Judges **		1 or 2	
Doctor		1	
Paramedical Staff		1	
Mental Health Professional		1	
Additional Doctor or paramedic. staff *	4 to 7 units	1	
	8 units and more	2	
Guest or VIP Guest *	1 to 4 units	1	
	5 units and more	2	
Chaperone (max. 1 chaperone per 10 gymnasts, maximum of 4 chaperones in total)		4	

* Accreditation at the charge of the federation
** in accordance with the TR/World Gymnastics excluding any Chair or Difficulty Judge drawn by the ACRO Technical Committee.

Art. 2.3 Number of participants

Gymnasts may only compete in one event (pairs / groups) and one age category.

Art. 3 Competition format at European Championships (juniors and seniors)

Art. 3.1 Federations may enter a maximum of 2 pairs and groups in each category.

Art. 3.2 Qualifying Competition for the All-Around Final and the Balance and Dynamic Finals

3.2.1 This event can be entered by all pairs or groups intending to receive a ranking for the All-Around Final and to qualify for the Individual Balance and/or Individual Dynamic

3.2.2 Competitors may enter for Balance and/or Dynamic individual competitions.

3.2.3 The starting order will be determined by draw by the European Gymnastics Technical Committee ACRO.

3.2.4 The top 8 proceed to the Balance and Dynamic Finals (not more than one pair or group from each federation and in each category). If there are less than 12 units participating in a category, only 6 will proceed to the final.

Art. 3.3 All-Around Final, Combined Exercise

3.3.1 This event can be entered by all pairs or groups providing they have performed two (2) exercises, one (1) Balance and one (1) Dynamic in the Qualifying Competition.

3.3.2 The starting order will be determined by draw by the European Gymnastics Technical Committee ACRO.

3.3.3 Not more than 1 pair or group from each federation, in each category, is allowed to proceed to the All-Around final.

3.3.4 The total scores from the Qualifying Competition and the All-Around Final will be used to rank the competitors.
The competitors with highest total scores from the Qualifying Competition and the All-Around Final will be declared the winners and All-Around European Champions.

Art. 3.4 Individual Final, Balance and Dynamic

The competition starts from a mark of zero. The pairs / groups with the highest score in each category are declared European Champions.

The starting order will be determined by draw by the European Gymnastics Technical Committee ACRO.

Art. 3.5 Tie breaking rules

In the event of a tie, it will be broken based on the following criteria in this order:

3.5.1 Qualifying Competition for the All-Around Final

In case of a tiebreak between two pairs/groups of the same federation,

1) the highest sum of the E-scores of the balance and dynamic exercises will be decisive.
2) the highest sum of the E-scores and the A score of the balance and dynamic exercises will be decisive.

If this procedure fails to separate the competitors for the combined exercise, entry to the All-Around final will be decided by draw.

3.5.2 Qualifying Competition for Balance and Dynamic Finals

The World Gymnastics tie breaking rules of the World Championships in force are to be applied.

3.5.3 All-Around Final

In case of a tie in points at any place in All-Around Finals, the ranking will be determined by the following criteria:

1) the highest sum of the E-scores of the balance, dynamic and combined exercises will be decisive.
2) the highest sum of the E-score of the combined exercise will be decisive.
3) the highest sum of the E-score and the A score of the combined exercise will be decisive.

If there is still a tie, the tie will not be broken.

3.5.4 Individual Finals

In case of a tie in points at any place in Individual Finals, the ranking will be determined by the following criteria:

1) the highest sum of the E-score of the exercise prevails
2) the highest sum of the E-score and the A score of the exercise prevails

If there is still a tie, the tie will not be broken.

Art. 3.6 Championship titles

The winners of the All-Around competition and Individual competition in each category shall receive the title European Champion (Senior or Junior).

Art. 4 Competition format at European Youth Championships

Art. 4.1 Federations may enter a maximum of 2 pairs and groups in each category.

Art. 4.2 Qualifying Competition for the Finals

4.2.1 The World Gymnastics regulations for ”Youth & Juniors Rules” in force are to be applied.

4.2.2 Only one pair/group (with the highest score), from each federation may proceed to the final.

Art. 4.3 Pre-Youth and Youth Finals

The World Gymnastics regulations for ”Youth & Juniors Rules” in force are to be applied.

Art. 4.4 Tie breaking rules

The World Gymnastics tie breaking rules for Youth & Juniors Rules” in force are to be applied.

Art. 4.5 Competition titles

The winners of the finals in each category shall receive the title of European Youth / European Pre-Youth Champion.

Art. 5 Duration and timetable of the event

The events will normally be at the same venue over thirteen days (changes may be made when an increase in competitors or changes to the World Gymnastics Technical Regulations make it necessary).

Day 1	Arrival of the Youth & Pre-Youth teams
Day 2	Trainings
Day 3	Qualifications – Youth & Pre-Youth
Day 4	Qualifications – Youth & Pre-Youth
Day 5	Qualifications & Finals – Youth & Pre-Youth
Day 6	Qualifications & Finals – Youth& Pre-Youth

Day 7	Arrival of the Seniors and Juniors
Day 8	Trainings
Day 9	Qualifications & Individual Finals Juniors 1st exercise
Day 10	Qualifications & Individual Finals Seniors 1st exercise
Day 11	Qualifications Juniors and Seniors 2nd exercise
Day 12	All-Around Final - Juniors and Seniors
Day 13	Individual Finals Juniors and Seniors 2nd exercise
Day 14	Teams depart

The exact timetable of the training and the competition is fixed in the work plan prepared by the TC-ACRO. For organisational purposes, the programme may vary or need to be changed.

Art. 6 Special Regulations

If necessary, special regulations will be published in the work plan.

European Gymnastics

Technical Regulations

Part II

Specific Rules – Aerobic Gymnastics



Edition 2027

Art. 1 Competitions

In **odd years**, Aerobic Gymnastics European Championships with qualifications and finals for seniors and juniors and youth are organised in the following disciplines:

Seniors and Juniors and Youth

- Individual Men
- Individual Women
- Mixed Pair
- Trio (Men, Women or mixed)
- Group (5 athletes: Men, Women or mixed)
- Aerobic Dance (8 athletes: Men, Women or mixed)

Art. 2 Maximum Composition of the delegations

Art.2.1 European Championships (Seniors and Juniors) and European Under 15 Championships

	Seniors	Juniors	Youth
Individual Women (IW)	3	3	3
Individual Men (IM)	3	3	3
Mixed Pair (MP)	2 (4 gymnasts)	2 (4 gymnasts)	2 (4 gymnasts)
Trio (TR)	2 (6 gymnasts)	2 (6 gymnasts)	2 (6 gymnasts)
Group (GR)	2 (10 gymnasts)	2 (10 gymnasts)	2 (10 gymnasts)
Aerobic Dance (AD)	2 (16 -gymnasts)	2 (16 gymnasts)	2 (16 -gymnasts)

Maximum 3 units per category in Individual Men, Individual Women and maximum 2 units per category in Mixed Pair, Trio, Group and Aerobic Dance.

2.1.1 European Championships (Seniors)

European Championships		Seniors
Head of delegation		1
Team Manager		1
Coaches	1 unit	1
	2 to 7 units	2
	8 and more units	3
Additional Coaches *	4 to 6 units	1
	7 units and more	2
Judges **		1 or 2
Doctor		1
Paramedical Staff		1
Mental Health Professional		1

2.1.2 European Championships (Juniors) and European Under 15 Championships

European Championships Juniors and Under 15		Juniors	Youth
Head of delegation		1	
Team Manager		1	1
Coaches	1 unit	1	1
	2 to 7 units	2	2
	8 and more units	3	3
Additional Coaches *	4 to 6 units	1	1
	7 units and more	2	2
Judges **		1 or 2	1 or 2
Doctor		1	
Paramedical Staff		1	1
Mental Health Professional		1	

* Accreditation at the charge of the federation
** A delegation participating in only one age category (Junior or Youth) has to enter a minimum of 1 and a maximum of 2 judges. A delegation participating in both age categories has to enter 2 judges: 1 for Junior and 1 for Youth.

An Individual Gymnast, a Mixed Pair, a Trio, a Group as well as an Aerobic Dance formation is considered as a unit.

Art. 3 Competition format

Art. 3.1 Qualification and team ranking, European Championships (Seniors and Juniors) and European Under 15 Championships

Each federation may enter a maximum of the following in each age category (Senior, Junior and Youth):

- 3 Individual Women (IW);
- 3 Individual Men (IM);
- 2 Mixed Pairs (MP);
- 2 Trios (TR);
- 2 Groups (GR);
- 2 Aerobic Dance teams (AD).

A competitor may compete in maximum 3 Aerobic categories and in only one age category.

If there are less than 12 entries in a category, only 6 will proceed to the final.

Art. 3.2 Finals for European Championships Seniors and Juniors and European Under 15 Championships

A maximum of 8 IM, IW, MP, TR (max. 2 per NF) or Groups, AD (1 per NF) may participate in the final.

Art. 3.3 Starting order

All starting orders will be determined by draw made by the TC-AER/ European Gymnastics.

The starting order for the Qualifications for all categories will be determined by draws:

3 Draws for IM, IW:

- Draw no 1 for federations with 3 gymnasts: IM1, IW1
- Draw no 2 for federations with 3 gymnasts: IM2, IW2 together with the federations with 2 gymnasts IM, IW per category
- Draw no 3 for federations with 3 gymnasts: IM3, IW3 together with the federations with 1 gymnast per category

Draws for MP, TR, GR and AD:

- Draw no 1 for federations with 2 units: MP1, TR1, GR1, AD1
- Draw no 2 for federations with 2 units: MP2, TR2, GR2, AD2 together with the federations with 1 unit per category

Art. 3.4 Exercise requirements

The gymnasts present one routine in each competition.
The requirements must comply with the valid World Gymnastics Technical Regulations and Code of Points.

Art. 3.5 Team ranking

Team ranking European Championships Seniors and Juniors and Under 15 Championships
To participate in the team ranking, federations must be represented with at least one (1) participant in the qualification round in the following categories:
- Aerobic Gymnastics: Individual Men, Individual Women, Mixed Pair, Trio, Group

The team ranking list will be established by adding the four (4) best places (rankings).
- the five (5) best places (ranking) from Aerobic Gymnastics: Individual Men, Individual Women, Mixed Pair, Trio and Group

The five (5) places of each Team are converted into points according to the ranking from the Qualifications, e.g.: 1st place = 1 point, 2nd place = 2 points.

The Federation with the lowest number of points will be declared European Team Champion.

Art. 3.6 Tie breaking rules

The World Gymnastics tie breaking rules of the World Championships in force are to be applied.

Art. 4 Duration and timetable of the event

General layout program for the European Championships (Seniors and Juniors) and European Under 15 Championships:

Option 1

1st Day	Friday	Arrival of the delegations U15 and ECh Juniors
2nd Day	Saturday	*Official Podium Training U15 and ECh juniors*
3rd Day	Sunday	**Qualifications U15 and ECh Juniors**
4th Day	Monday	**Qualifications U15 and ECh Juniors** **Team Ranking ECh Juniors / Award Ceremony** **Team Ranking U15 / Award Ceremony**
5th Day	Tuesday	**Finals U15 / ECh Juniors**
6th Day	Wednesday	Departure of the delegations U15 / ECh Juniors Arrival of the delegations ECh Seniors
7th Day	Thursday	*Official Podium Training ECh Seniors*
8th Day	Friday	*Official Podium Training ECh Seniors* **Qualifications ECh Seniors**
9th Day	Saturday	**Qualifications ECh Seniors** **Team Ranking ECh Seniors / Award Ceremony**
10th Day	Sunday	**Finals ECh Seniors**
11th Day	Monday	Departure of the delegations

Option 2

1st Day	Saturday	Arrival of the delegation U15 and ECh Juniors
2nd Day	Sunday	*Official Podium Training U15 and ECh juniors*
3rd Day	Monday	**Qualifications U15 and ECh Juniors**
4th Day	Tuesday	**Qualifications U15 and ECh Juniors** **Team Ranking ECh Juniors / Award Ceremony** **Team Ranking U15 / Award Ceremony**
5th Day	Wednesday	**Finals U15 / ECh Juniors** Arrival of the delegation ECh Seniors
6th Day	Thursday	Departure of the delegations U15 / ECh Juniors *Official Podium Training ECh Seniors*
7th Day	Friday	*Official Podium Training ECh Seniors* **Qualifications ECh Seniors**
8th Day	Saturday	**Qualifications ECh Seniors** **Team Ranking ECh Seniors / Award Ceremony**
9th Day	Sunday	**Finals ECh Seniors**
10th Day	Monday	Departure of the delegation

The exact timetable of the training and the competition is fixed in the work plan prepared by the TC-AER.

Art. 5 Championship titles

Art. 5.1 Competition titles of European Championships (Seniors and Juniors)

The top ranked competitors of the categories Individual Men, Individual Women, Mixed Pairs, Trios, Groups and Aerobic Dance as well as in the Team competition shall receive the title Aerobic Gymnastics European Champion.

Art. 5.2 Competition titles of European Under 15 Championships

The top ranked competitors of the categories Individual Men, Individual Women, Mixed Pairs, Trios, Groups and Aerobic Dance as well as in the Team competition shall receive the title Aerobic European Under 15 Champion.

Art. 6 Special Regulations

If necessary, special regulations will be published in the work plan.

European Gymnastics

Technical Regulations

Part II

Specific Rules – TeamGym



Edition 2027

Art. 1 Competitions

The European Championships in TeamGym for juniors and seniors takes place in even years and include qualifications and finals in the following three sections:

- Women's section
- Mixed section (50% male and 50% female gymnasts competing in each apparatus/round)
- Men's section

Art. 2 Competition format

Each team competes in the three TeamGym apparatus:

-	Floor	8-10 gymnasts are performing the floor routine
-	Tumble	Three tumble rounds with six gymnasts performing in each round
-	Trampet	Three trampet rounds with six gymnasts performing in each round

All gymnasts performing on tumble and trampet must perform the floor routine.

A team may consist of a minimum of 8 and a maximum of 10 gymnasts plus any additional reserves (see article 4).
The actual gymnasts proposed to perform during the competition must be declared to the Local Organising Committee (team declaration) at least ten minutes before the scheduled start of the team's first apparatus in the competition. Accredited gymnasts who are not proposed to perform during the competition are reserves.

All declared gymnasts must perform the floor. In case a gymnast is injured during the competition prior to the floor, the following disposition will be applied:
After the team declaration, reserves may only be used in case of injury or illness confirmed by the official doctor of the European Championships. The affected gymnast can then be replaced with an accredited reserve. Gymnasts that are taken out or replaced during the competition may not participate further in the Championships.

A new team declaration is required for the finals.

Art. 2.1 Qualifications, Seniors and Juniors

The Federations can participate with a maximum of 1 women's team, 1 mixed team and 1 men's team in the senior and junior competitions (a maximum total of 6 teams).

Art. 2.2 Finals, Seniors and Juniors

The 8 Teams with the highest ranking from the Qualification are qualified for the Finals.
Teams in the final start from a zero score.

If there are less than 12 teams in a section, only 6 will proceed to the Final.

Art. 3 Duration of the event

As a general rule, the European Championships for seniors and juniors are organised in 5 - 6 days at the same venue, in the same week.

Art. 4 Composition of the delegations

Each federation may bring maximum 1 team in each section in both the senior and junior competition.
Gymnasts may only compete in one team at the combined junior/senior Championships.
A team may consist of in total 8-12 accredited gymnasts in the women's and men's sections and 8-14 accredited gymnasts in the mixed section, 3 coaches and 1 paramedical staff.

The **maximum** size of the official delegation for each federation is as follows:

	SENIORS	JUNIORS
Gymnasts:		
Women's Team	12	12
Mixed Team*	14*	14*
Men's Team	12	12

*Allowing for more than one reserve per gender

Coaches	3 per team
Paramedical Staff	1 per team
Head of delegation	1 for the combined junior/senior Championships
Team Manager	2 for senior teams and 2 for junior teams
Doctor	1 for the combined junior/senior Championships
Mental Health Professional	1 for the combined junior/senior Championships
Judges	3 for the combined junior/senior Championships

Art. 5 Judges

All judges must hold the nationality of their NF and be in possession of the European Gymnastics TeamGym brevet for the corresponding cycle.
Each participating NF is obliged to nominate at least one judge. The maximum number of judges per NF is three.

Art. 6 Starting order

The starting order of the teams is decided by an official drawing of lots in the presence of representatives of the TC and published in the work plan. Federations may witness the draw.

To increase the interest in the finals, the top teams from the qualifications (half the number of teams in the final) will be allocated the last performances in the starting list. The draw is done in two steps, first for the starting order of the last teams qualified for the final, followed by the draw for the first teams qualified for the final. Further details are to be found in the TeamGym Competition Manual.

Art. 7 Musical accompaniment

All routines must be performed entirely to optional music. The music must be instrumental with no lyrics and provided in electronic format (as per work plan).
The World Gymnastics Regulations and laws of music copyright are to be respected.

Art. 8 Championship titles

The team´s total score is the sum of the final scores of all three apparatus. The winning team for each of the sections shall receive the title European TeamGym Champion.

Art. 9 Tiebreak rules

In case of equal total score in the Qualifications or Finals, the following principles apply. In case of 3 or more teams with the same total score, the teams are compared two at a time before being ranked.

Art. 9.1 The Team getting 2 apparatus wins when compared with the other team, gets the highest ranking. This is not the sum of the 2 highest Final Apparatus Scores, but winning 2 of the apparatus over the other team.
In case of further equality:

Art. 9.2 The Team with the highest final score in any of the apparatus gets the highest ranking.
In case of further equality:

Art. 9.3 The Team with the second highest final score in any of the apparatus gets the highest ranking.
In case of further equality:

Art. 9.4 The Team with the highest E score in any of the apparatus gets the highest ranking.
In case of further equality:

Art. 9.5 The Team with the 2nd highest E score in any of the apparatus gets the highest ranking.
In case of further equality:

Art. 9.6 The Team with the highest total E score in all three apparatus gets the highest ranking.
In case of further equality:

Art. 9.7 In case the above procedure fails to resolve the tie:

a) Qualification to the final will be settled by a draw.
b) In the final, the tie will not be broken, and the Teams will keep their achieved ranking and receive medals as appropriate.